



The
Lloyd Williamson
Schools Foundation

ORAL HEALTH
POLICY

2021-2022

Aims

As a school we are in a unique position of being able to influence the hygiene habits, including of oral health, to not only the children under our care but by association they're parents, carers and the wider community.

We aim to encourage good dental hygiene habits from children as young as two by encompassing this in our Early Years Foundation Stage up to our oldest secondary children. We aim to embed good practice for oral hygiene from a young age, which our children will carry on for the rest of their lives.

Planning and activities

Oral hygiene is planned for as part of the EYFS

For KS1 and KS2 oral hygiene will be part of their PSHE lessons.

Children will have regular sessions, which will use games, demonstrations and stories relevant to their age to promote and educate the children in oral hygiene and demonstrations on how to brush/floss your teeth.

Parents are to provide a toothbrush and toothpaste for each of their children, which will be named and left at school. These will be soaked in Milton regularly.

Activities to include:

The anatomy of the mouth and the different types of teeth.

How are teeth and mouths change as we grow (for older children)

The role of the dentist

What to expect at the dentist's/oral hygienist

Dental procedures/braces etc (for older children)

Healthy foods

Damage caused by sugary drinks and food

Brushing techniques, flossing and timing/frequency of brushing and flossing

We have an '**oral health**' box of resources to be used during lessons (one at the PGTs and one for the Telford Road/St Charles sites). This is held in the office at Telford Road and with the manager at PGTs.

This includes:

Anatomical model of teeth

Books about why we brush our teeth, trips to the dentist etc

Games and puzzles

Sand timers

Reviews will take place on a regular basis or as necessary in Staff Meetings.

The Co-Principals are committed to keeping the policy up to date with initiatives, guidelines and legislation.

Updated November 2021

**Lucy Meyer
Co-Principal**

**Aaron Williams
Co-Principal**